



ASPIRE MUSIC THERAPY INTERNSHIP FACT SHEET

Internship Site	Internship Director
Aspire Music Therapy, LLC 6620 Angello Court Fort Wayne, IN 46835	Nicole Keller, MT-BC nicole@aspiremusictherapy.com 260-255-4502, ext 1

POPULATIONS SERVED:

Intellectual Disabilities, Developmental Disabilities, Speech Impaired, Mental Health, Older Adults, Substance Abuse, Community Groups

ENTRY LEVEL REQUIREMENTS AND EVALUATIONS:

Prospective students should submit a completed application and be prepared to demonstrate the following skills through an interview and music audition.

Prospective interns should have functional music skills, including:

- Being able to sing on key with accompaniment and a cappella
- Proficiency in playing I-IV-V-vi chords in at least 3 keys on guitar and piano
- Variety in accompaniment and strumming patterns
- Ability to sight read, assessed during the internship interview process

Prospective interns should also demonstrate the following clinical and professional skills:

- Excellent communication skills, both interpersonally and via written documentation
- Self-motivated and organized
- Collaborate well with other professionals
- Communicate and respond to clinical observations

INTERNSHIP EXPERIENCE:

The internship will consist primarily of one-on-one music therapy sessions, held in a clinic setting, in the community, and in client homes. Interns will work closely with their Supervisor, receiving a holistic approach to feedback and support, with an MT-BC present during all sessions. Interns will begin by observing sessions and transitioning to co-leading and leading the Supervisor's caseload. Opportunity for group work may be available, but is not guaranteed. If available, interns will similarly transition from observing to co-leading to leading, with groups typically being capped at 12-15 participants. Interns are expected to have their own guitar to facilitate sessions, then will have access to company supplies and supervisor resources for all other instrument and session material needs.

Besides direct music therapy work, the intern can expect to attend company and client meetings, prepare for sessions, observe other professionals, complete educational assignments and a final project, hone music skills and repertoire, complete documentation, and study for the CBMT exam. A clinic room is available to independently work at and basic office supplies is provided, with other necessary materials provided upon request. Interns are expected to work 40 hours a week, Monday through Friday, with hours varying from 8am to 6pm. The internship will last at least 6 months, or until required internship hours/competencies are met.

PROFESSIONAL STAFF:

Aspire has a growing team of music therapists that interns will interact with throughout the internship, including multiple National Roster approved internship supervisors that interns will be assigned to work with. Interns will also have the opportunity to observe and interact with professionals in other fields, such as behavior consultants, recreation therapists, ABA technicians, case managers, speech therapists, occupational therapists, and play therapists.

ON-SITE TRAINING/EDUCATIONAL OPPORTUNITIES:

Aspire has weekly team meetings to provide additional training and educational opportunities. Interns may attend music therapy conferences, including State, GLR, and the National AMTA conference.

PROVISIONS AND ADDITIONAL REQUIREMENTS:

Aspire will provide a stipend of \$750 to help cover living costs, given in increments of \$125 at the end of completion of each month. While Aspire is unable to provide any housing or meals, Fort Wayne is a low cost of living area. Additional information about the area can be provided, upon request.

Necessary administrative requirements to submit proof for prior to start date:

- Intern must have reliable transportation, valid driver's license, and proof of car insurance.
- Interns will be responsible for providing their own student liability insurance.
- Intern must provide a negative TB test result, taken within the past year.
- Intern must have completed CPR training within the past two years.
- Intern must have a clear state and county criminal background check, paid for by the intern.
- Interns will need their own computer/laptop – a company email will be provided by Aspire. An iPad may be provided by Aspire upon request for the duration of the internship.
- A Legal Affiliation agreement with the intern's academic institution is not required.